

JO **Ä**
UR **WE**
NA of **SO**
L **ME**
R. J DYSON

Healthy Reflection Questions While Looking Into the Mirror of Scripture.

A personal Q & A journal in tandem
with the book *Lexicon of Awesome*.

Take your time. Be honest with
yourself.

Meditate on the Word and the words
you desire to use in your home and
circle of influence.

*Whoever keeps their mouth and
tongue keeps themselves out of
trouble.*

Proverbs 21v23

A

A is for Aha!

Q. How often do you ponder the miracle of the Advent of Christ? Read John 1v1-18.

Q. Reflect on one Aha! moment in your faith you've experienced in the last month. What was it? How have you responded since?

Q. Do you understand the weight of Father God's awesomeness? Read Job 38 - 41.

In a perfect world, how would the awesome power and perfection of God impact your attitude first thing in the morning through final thoughts before sleep?

Q. What Christ-centered adventure is waiting in the wings? With your spouse? With your kids? Disciples?

B

Bandera of Dreams

Q. So, what bottlenecks in Christlikeness, vocation, home-life, marriage, health, etc. are you wedged into? Pick one and dissect it. What now?

Q. Read Jesus' interaction with Nicodemus in John 3v1-15. Think about what rebirth means. In what ways have you been made new in Christ? Which "old self" aspects are you still clinging to?

Q. Let's not forget about the Bandera of Dreams. Have you planted a flag in the soil, raised the banner high, and held firm in the face obstacles, opposition, and those pesky bottlenecks?

Q. What's your Bandera for your faith? Your family? Your marriage? Your skillset?

C

Curious Can-can

Q. How curious are you about the Creator after reading Colossians 1v15-20? How about His nature? His character? His calling on the life of a disciple? Your life?

Q. So, you're a co co-creator. Ever think of yourself this way before? How are you, a creature made in the image of God, creating and shaping the world around you? Your marriage? Your homelife?

Q. Have you recognized and called-out the negative self-talk that permeates your mind? What would happen if you flip each script toward a hope-filled positive? How would they read?

Q. Do you know that you can? You can create a healthier, practical, theologically sound, adventurous plan. You can.

D

Doomsday

Q. Be honest, how doom and gloom are you? Not that cautious awareness of evil or that-which-could-go-wrong is a bad trait, but is this your unfaltering worldview without reprieve? Why?

Q. Read Ephesians 5v1-2. How might this impact your doomsday approach to life? Notice how even in the midst of the greatest sacrifice of all time, imitating God isn't a call for doom and despair. So, what do you need to adjust to be "imitate God"?

Q. Okay, so you're not all doomsday. What are you diligently working toward? Spiritually? Vocationally? Relationally? In your home or neighborhood?

Q. If our attitude is to be like Christ's, how are you discerning how to live His attitude daily? Read Philippians 2v1-18 for more context.

E

Endlessly Elemental

Q. Can you state clearly a sin in your life that you feel has a solid grip on you? A grip that feels endless, as if you'll never overcome it.

Q. Who have you confessed this sin to? Who is holding you accountable? Who is helping carry the burden until you're equipped to carry it yourself on purpose and with a plan? If no one, who will you invite in and when?

Q. What passage in Scripture has encouraged you in the past week? What about that theological reality is encouraging? How are you sharing what you're learning with others?

Q. How are the Godly elements of the Gospel impacting your attitude for the season you're in?

F

Funtastic!

Q. When you reflect on your time with those closest to you, what funtastic events and discussions with them cause you to pause, smile, and rest?

Q. What sort of fantastic, faith-filled experiences have you engaged in lately? What about Creator God has blown your mind, pricked your heart, or sent you outward to share what you're learning?

Q. Read Galatians 5v1, 13-15. Spend some time meditating on the source and service of your freedom.

Q. Freedom in Christ is profoundly rare in world enslaved to _____ (fill in the blank). Are you aware of what entices, lures, and attempts to drag you away from your Savior? How are you pursuing freedom?

G

Oh So Good

Q. Read Luke 18v18-30. Why do you suppose Jesus deflects goodness back to God the Father? What can you learn from this?

Q. How about the various reactions to Jesus' challenge: the young man, the crowd, Peter? Where do you find yourself in this season? How eagerly does Jesus want us to chase after Him and His way, truth, and life?

Q. When was time when you were completely aware of God's grace actively at work in your life? Where do you see His grace at work in your life today? How about within your family?

Q. How are you using your gifts to build up and enlighten your local church? How are you serving your family?

H

How the Hope

Q. How curious have you been lately about what God has in store for you and your family? How hopeful? Why? Why not?

Q. Read Philippians 2v1-13. What hope you do you see in both the source and practice of Christ-likeness? How does your attitude reflect the actions of Christ?

Q. Where in your life does Christlike humility need to abound in this season? How are you going to put it into practice one action / one response at a time?

Q. Humility in our faith, in our marriage, in our parenting, in our vocation, in our hobbies, in our social and political preferences...humility in these areas requires obedience to Truth and way of Jesus. Where do you need to humbly obey in your life?

Interesting Investment

Q. Which investments in your life currently receive the most attention: marriage, discipling your kids, finances on all fronts, hobbies, etc.?

Q. Reflect on a season in which your investment into your relationship with Jesus was of the utmost importance. Who were you in that season? What words came from your heart, mind, and lips? How did you spend your time and resources?

Q. Read Acts 17v10-12. The Bereans demonstrated their interest in the Gospel by investing in their study of the Word. What do you need to take away from this simple account of the Bereans?

Q. Imagine the next season of life full of grace and hope. Not perfect, but practicing the way of Christ. How will you invest anew this week?

J

Go Ahead and Jump

Q. If you have kids, take a minute to reflect on a single and specific moment of joy you've shared with each of them. What are you thankful for?

Q. What is it about the life and teachings of Jesus that terrifies you? Why?

Q. What is it about the life and teachings of Jesus that causes immense joy to well up within you? Why?

Q. Read Philippians 4v4. Without qualifying the passage in light of your current situation in life, how should you respond to the rest of today in light of this passage?

Q. What do you need to do to get off the fence and jump into action in your faith, in your family, etc.?

K

Kindly Killjoy

Q. Read John 4v1-26. Is your sense of kindness grounded in the world's definition or in the Gospel? What do you think the difference is? How are you embodying it?

Q. What's your go-to killjoy phrase under the roof of your home? How about your killjoy body language? Or tone of voice? What can you do to rewrite and rewire your responses?

Q. In what ways are you presenting God's beautiful kaleidoscopic world to your family? What actions, events, discussions, time in the Word together, habits stir up a love for life with Creator God?

Q. Go back and read Philippians 4v8-9. So, what are you thinking on in the open spaces of your day? Is it worth it? Does it glorify your God?

L

Living Legend

Q. How often do you let past wounds and careless words take up residence in your mind? Are they helping or hurting? How might your faith explode if you were to release these negative thoughts? How might your family and friends benefit?

Q. “He who has ears, let him hear,” Jesus said in Luke 14v35b. What do you need to hear and accept from the living Word to begin to live the legacy you want to pass on to the next generation under your roof?

Q. Read 1 Corinthians 12v27 - 13v13. Soak in the words. Love is bigger than ‘love is love,’ isn’t it? It’s rooted in Christ and lived out in and for and through the Body. How are you living out love this week? Who are building up in love? What childish attitudes and actions are you releasing in order to experience and display Christlikeness?

M

Mindset on Mission

Q. Read Philippians 2v1-4. Do you? How so and who is on the receiving end?

Q. Read Philippians 2v5. Is it? What are the clues on the faces, in the body language, and in the voices of those you're closest to that your attitude is full of way, truth, and life?

Q. Read Philippians 2v12-13. Reflect on a season when you knew without a doubt God was at work within you and through you for His purposes. What do you need to hold onto about that season? How have you grown? How is God at work in you these days?

Q. You and your family are on mission, did you know that? Christ is at work in you to lead and to lead with purpose and for His glory. How are you on mission these days?

N

Nexus of Nobility

Q. The art of saying No! is vital to a healthy work and family and faith rhythm of life. How well do you discern an appropriate yes or no? What is one thing you should have said no to recently but didn't? What was the impact on your family and time with the Lord?

Q. Read Matthew 6v24. Pretty blunt in light of wanting to say yes to everything and everyone, right? So, what filter can you create with your spouse, your friends, even your kids that can help you discern the best of the good opportunities.

Q. On the other hand, if you're trapped in the habit of saying no to every opportunity, big and small, in order to protect yourself and your time and your resources...what can you do to begin saying yes? Start small. Start with your family or within your local church. What will it look like to sacrifice in this season?

0

Onymous Others

Q. You are one of the “others” beyond that ancient tribe called by the Living God. You were invited in to worship and the make disciples. How are you worshipping these days? Who are you inviting into the tribe of Jesus?

Q. God’s forgiveness is so expansive it’s nearly impossible to escape it. What do you need to seek forgiveness for? How about courage and faith? What about hope and grace? Who do you need to share these with?

Q. Who are the others in your life? How about under your roof? Read Matthew 5v13-16. Who is tasting your salt? Who is soaking in the light of your life?

Q. How are you maintaining your saltiness? What are you doing to remain bioluminescent with Christ’s light?

P

Purpose

Q. Why are you here?

- Read Genesis 1v26-27.
- Read Matthew 28v18-20.
- Read 1 Corinthians 12v7-11.

Q. How is Holy Spirit continuing to shape your perspective on your role in the broken world around you? Are you leaning into to world's definitions of purpose OR are you leaning into Creator Christ's? What do you need to do to press into Truth more and more this week?

Q. Who are you building up with divine purpose?

Q

Quintessential Quagmire

Q. What spiritual quagmire are you struggling through right now? How are you seeking movement, help, freedom? What is it about the Gospel that you need to re-latch onto in order to breath again in Christ?

Q. What quagmire is you spouse wading through? How about your kids? Are you clear-minded and self-controlled enough in your faith and deed to assist them, to support them, to offer insight and protection?

Q. Maybe you haven't lived up to the ideal image of yourself, or the Christian life, or your vocation, etc. What do you need to redefine with Truth and grace in order to live with joy where you are today?

Q. What questions are you avoiding asking your Savior? Why? Why not open the Text and chase after Him again?

R

Righteous Dude

Q. Read Romans 3v20-24. Does your view of what it means to be righteous line up with what Paul describes? If not, what do you need to alter? If so, how will you continue to grow?

Q. Read Romans 2v5-11. What sort of life does God plan on rewarding when all is said and done? What about those who choose to rebel against His way, truth, and life? Are you rebelling? What now?

Q. What does it mean to be reliable in your eyes? Are you surpassing your own expectations when it comes to showing up for your spouse? Your kids? The new believers in your local body who need discipling?

Q. Are you raising your kids in Christ? Or are you raising them to meet the worlds standards? Read Deuteronomy 6v4-9. What are you called to?

S

Salvaging Serendipity

Q. What's the difference between creating intentional time and space to be together as a family in the Word, and forcing your family to discuss the Word? Which do you tend to land on? If the latter, what might you do to change tactics and engage them differently?

Q. Read Psalm 23. Take some time to meditate on the Text and, without forcing a response, try to discern what the Spirit is revealing?

Q. What do you think of Jesus' question to His disciples in Matthew 16v15, "Who do you say I am?" How have you responded? What do you think of Peter's reply in v16?

Q. If Jesus is your Savior, truly having rescued you from sin and death, how do you reflect this reality in your home?

T

Thankfully Terrified

Q. Read James 1v2-4. What trials have you been persevering through lately? How about your spouse? How about your kids? How are you suffering-long with them?

Q. What spiritual tests do you feel like or know that you've failed in this season of life? If you're still breathing, the race isn't over. If the race isn't over, then the tests aren't complete. So, what do you need to do to set your mind on things above and navigate the trials for the season ahead?

Q. If you don't call out what terrifies you, you know, be truly honest about it first with the Lord and then with those closest to you, you'll never be free from fear. What do you need to call out? What scares you?

Q. What are you thankful for?

U

Uniquely un-Useless

Q. Read Hebrews 1v2-3. How does knowing that Jesus and God the Father are uniquely, eternally connected as One impact your trust in the message, miracles, and divine mission of Jesus here in the flesh? Why?

Q. How important is unity? Unity within a family? Unity among siblings? Unity among deep friendships? Unity within the Church universal and the church local?

Q. How does disunity impact those involved?

Q. Ever feel useless? Read 1 Corinthians 12. How does Christ view you and your unique role within His Kingdom?

Q. Who are you building up in their Christlikeness?

V

Villainized Values

Q. What are some of your core values? Those principles, traits, or actions that guide your journey as a disciple of Jesus here in the world?

Q. Read John 15v1-17. What does being attached to the Vine look like in your life these days? Where is God pruning or attempting to prune?

Q. When are you most likely to become your own worst version of a villain? To whom? What's the catalyst?

Q. Are you:

- 1. Having fun and enjoying your ride in faith?**
- 2. Letting the Holy Spirit guide your time alone, at work, serving, and with family and friends?**

W

Wild Wisdom

Q. How are you engaging the simple wisdom of Proverbs 22v6 in this season of life? Where are you seeing fruit? What are you praying God prunes sooner than later?

Q. What wildly divine revelations has God offered to you in recent weeks or months? Maybe a passage you'd not taken to heart before? Maybe an unexpected relational or financial blessing?

Q. What do you think of when you consider the wonderful life of Christ?

Q, Can you recall the last bit of deep and Godly wisdom you received? What is the Lord growing in you to share with others? How are you letting Him mold you for divine wisdom as you mature in your faith?

X

Xenia the Prince Warrior

Q. What's your X? You know, the spot where your desired treasure resides? Is it material, tucked in the dirt on some empty plot or swallowed up in massive bank account? Or is it spiritual and beyond the shadow of the here and now?

Q. Read Matthew 6v19-21. So, what are you storing up and why?

Q. The heart behind living a xenia-fied life is a divine sense of viewing the other as worthy of inviting in. A deeper sense of hospitality than our personal bubbles often allow for. What one thing can you do to expand and experience a deeper sense of Christlike xenia?

Q. What X are you chasing after this week? This season? Next year? How does it glorify God?

Y

Sexy You in YHVH

Q. Who do you need to empathize with? Who is the individual or collective “you” whose shoes you ought to imagine walking in for a season?

Q. You already know you’re unique, right? This is the nature of being made by God to do the things only you can do in the context He has placed you in. But if you haven’t, think specifically about some of your talents, skills, resources, gifts, experiences, and knowledge unique to you.

Q. Can you envision that scene in the book of Exodus with Moses standing barefoot at the base of a burning bush? Like Moses, God has given you and me His burning Spirit for His work here and now. You are deeply connected to the I AM. Now what?

Q. Who do you need to encourage today in their divine you-ness?

Z

Zenith of Zeal

Q. When was the last time you sat still outdoors listening to the sounds of creation and for the voice of Creator God?

Q. On a scale of 1-10 how zealous are you to draw close to Jesus? How zealous are you to reveal His Gospel with those under the roof of your home on a daily basis? What can you do to draw nearer to Him this week? Who will you share what you're learning with?

Q. Would you say you have a zest for the life God has fashioned around you in this season? What does the joy of the Lord look like in your words, thoughts, and actions?

Q. Read John 1v1-18. The zenith of our lives is found in that Life in the flesh. How are you leaning into Him?

BENEDICTION

May you become the way, truth, and light of Christ here in the soil. May your words be reconciled to the Word with power, insight, and generous amounts of grace-filled humility. May your home be a love and truth center for the world around you.